



Crossroads is a Manx registered charity that has been providing respite to local carers for more than 35 years.

Our services help all carers regardless of age or individual care needs.

To find out more about carers and our services please get in touch.



**3 IN 5
PEOPLE
WILL BECOME
A CARER
DURING THEIR
LIFETIME**



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Isle of Man Registered Charity Number 383



We are an Isle of Man based charity that provides support to carers and people with care needs no matter their disability, age or illness.

Our services are about improving the lives of carers by giving them time to have a break from caring. Our support workers take over the care responsibilities to create immediate and sustained respite giving carers time to be themselves away from their caring role. We are the leading provider of practical and emotional support for carers in the Isle of Man and are the only on Island service whose main focus is on the carer.

ABOUT CARERS

A carer is someone who provides unpaid care and support to a family member, friend, partner or neighbour whose health and well-being would suffer without their help. This could be due to illness, disability, frailty, a mental health issue or addiction or substance misuse problems.

A carer can be a person of any age, from a child to an adult. Carers may care for more than one person, and some themselves may have a disability or illness.

Anyone can become a carer, at any time, due to a sudden event such as an accident, or through a gradual process when a person's physical or mental health slowly deteriorates.

**IT IS ESTIMATED
THAT THERE ARE OVER
10,000 CARERS
LIVING IN THE ISLE OF MAN**

CROSSROADS SERVICES

Crossroads runs a range of services to meet the needs of all carers. We support all ages, disabilities, illnesses and care needs. Our services include:

CARE AT HOME

Our support workers take over the care responsibilities creating immediate and sustained respite, allowing carers to have some time to themselves.

PREMIUM PROJECT

A high quality day service for older people and adults with disabilities.

SOCIAL CLUB

A project for adults with disabilities to strive to achieve small measures of independence.

ASK

An independent living support service to give a little extra support.

CROSSROADS COMMUNITY VENTURE (CCV)

A scheme for adults with learning disabilities which provides employment training and supported placements.

MEN'S GROUP

A weekly social group for men with disabilities to access evening community activities.

CROSSROADS NURSERY

The Island's only fully inclusive nursery that can provide support to children with and without care needs.

YOUNG CARERS

A project that runs fortnightly sessions for young carers aged between 5 and 18 to provide regular breaks away from their caring responsibilities.



HOLIDAY SCHEME

Action packed activity sessions for children with complex care needs during the school holidays.

NURSERY OUTREACH

Provides trained support workers to integrate children with care needs into mainstream preschool services.

CROSSROADS MANX WORKSHOP

Helps individuals with long term health conditions and disabilities realise their full potential whilst providing them with paid employment. The Workshop makes a range of high quality garden furniture and small handmade items and also offers engraving services and company seals.

BENEFITS SUPPORT

Assistance with Disability Living Allowance and Attendance Allowance form filling.

CARER ADVOCACY AND LISTENING SUPPORT

A free, independent and confidential service for carers that offers support and advocacy.